# AMERICORPS TECHNICAL ASSISTANCE SESSION

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## Today's plan

- Key Messages and Takeaways
  - What's New
- Community Problem
- Logic Model
- Performance Measures
- Evidence
- Resources: What tools can help?
- Wrap-Up and Q&A

## KEY MESSAGES you take from

What should today?

Category	%
Executive Summary	0
Program Design	50
Community Problem and Logic Model	20
Evidence Tier	5
Evidence Quality	7
Performance Measures	8
Member Experience	10
Organizational Capacity	25
Organizational Background and Staffing	12
Member Supervision	13
Cost Effectiveness and Budget Adequacy	25

## Community problem

Details the community need that the AmeriCorps program is designed to address or mitigate

- Describes the role of current or historical inequities may play in contributing to the problem
- Describes the community need and the severity and prevalence of the problem in relation to the CDC's Social Vulnerability Index

## Logic model

Presents the story of the evidence-based intervention/program the organization will provide to address the community problem, including:

- What the AmeriCorps members will provide or do
- Who will be the direct beneficiaries of the AmeriCorps member services
- How often the intervention activities occur
- What happens to the beneficiaries as a result of the member activities

### Evidence

Provides research and past program data to JUSTIFY that the member activities for the intended beneficiaries will have the anticipated outcomes identified in the logic model

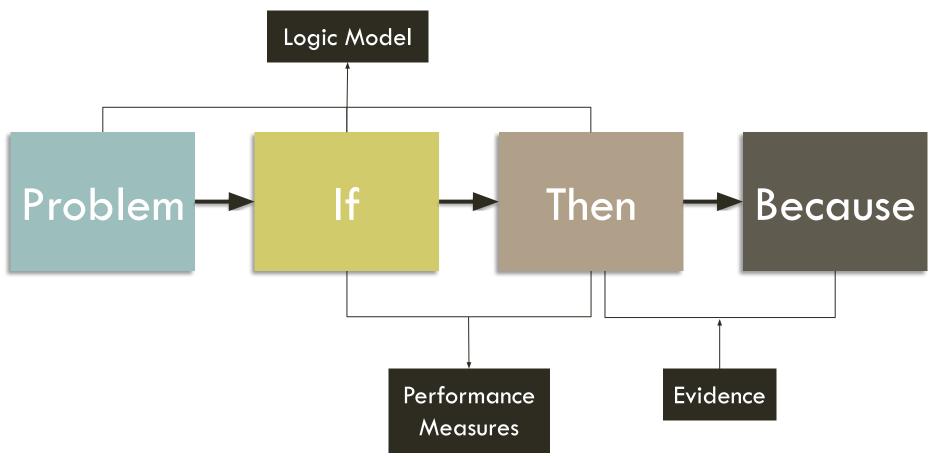
- Evidence is rated based on:
  - How rigorous it is: Pre-preliminary, Preliminary, Moderate,
     Strong
  - How well it justifies your program design

### Performance measures

The performance measures track how the story is actually playing out

- Measures BOTH
  - How much was done (output)
  - How much changed because of the member activities (outcome)
- Stands alone
- Provides sufficient information to convince the reader that you will collect meaningful information

## All Program Design sections relate.



## COMMUNITY problem your program will

What community problem your program will address?

## What to include: Community

- What, specifically, is the problem that needs action?
- For whom does the problem exist? Where does it exist? (This should link or include your program's intended beneficiaries)
- How serious is the problem?

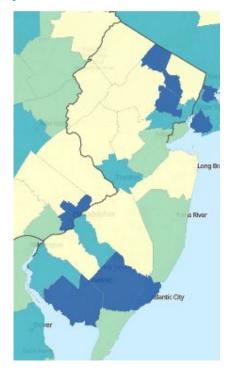
- How pervasive is the problem? For whom or where is it worse?
- How do current or historical inequities contribute to the problem?
- How does it relate to <u>CDC's</u>
   <u>Social Vulnerability Index</u>?
- Why does this matter?

## CDC's Social Vulnerability Index

4 Domains of Socio-Demographic Characteristics

**Below Poverty** Unemployed Overall Vulnerability Status Income No High School Diploma Aged 65 or Older Household Aged 17 or Younger Composition & Older than Age 5 with a Disability Disability **Single-Parent Households** Minority **Minority Status** & Language Speaks English "Less than Well" **Multi-Unit Structures Mobile Homes** Housing Type & Crowding Transportation No Vehicle **Group Quarters** 

Index Data Mapped by County



**CDC's Social Vulnerability Index** 

## Example of how to report SVI

Based on the CDC's Social Vulnerability Index (SVI), Union county NJ has an overall SVI score of .60 (medium to high vulnerability) however, the city of Elizabeth is a high risk community within Union County, with some census tracts in the city scoring .95 or greater on the SVI, indicating a high vulnerability level. In particular, X% of Elizabeth residents are at 150% of the poverty line and are considered to be low-income.

#### Suggested citation:

Centers for Disease Control and Prevention/ Agency for Toxic Substances and Disease Registry/Geospatial Research, Analysis, and Services Program. CDC/ATSDR Social Vulnerability Index 2020 Database New Jersey.

## LOGIC MODEL illustrate your

How do you illustrate your program?

## Logic Model

- A detailed visual representation of a program
- Communicates how a program works by depicting the intended relationships among program components (i.e., inputs, activities, outputs, outcomes)
- A required attachment in your application
- AmeriCorps requires specific information in the logic model
- AmeriCorps now requires that a summary of the community problem be included in the logic model

#### Logic Model Roadmap

Community Problem/Need	Resources/Inputs	Activities	Outputs	Short-term Outcomes	Mid-term Outcomes	Long-term Outcomes
The community problem the program activities (interventions) are designed to address.	The resources necessary to deliver the intervention, including but not limited to the locations/sites or context/setting, number/type of members, beneficiaries.	The core activities that define the intervention or program that members will implement or deliver, including duration, dosage, and target population.	Direct counts or products of program activities. They represent the measurable outputs that result from delivering the activities.	the program design, will almost always	actions. Depending on program design, these may or may not be measurable during the	Changes in condition or status in life. Depending on program design, these outcomes may not be measurable during the grant year.

## Logic model: Problem

#### **PROBLEM**

The community problem that the program activities (interventions) are designed to address.

#### Include required information:

- What is the problem
- For whom is it a problem
- Where is it a problem
- What is the severity
- What is the pervasiveness
- What are the current or historical inequities?

## Logic model: Problem

#### **PROBLEM**

The community problem that the program activities (interventions) are designed to address.

- Answers: What are you trying to address?
- Summarize the key points
- Make sure this matches the
   Community section of the narrative
- Make sure this matches the
   Performance Measure module

## Logic model: Inputs

#### **INPUTS**

The resources
necessary to
deliver the
intervention,
including but not
limited to the
locations/sites
or context/
setting,
number/type
of members,
beneficiaries.

#### Include required information:

- How many and what sites/locations?
- In what setting or context will activities be conducted?
- How many AmeriCorps members will conduct the activities?

## Logic model: Inputs

#### **INPUTS**

The resources necessary to deliver the intervention, including but not limited to the locations/sites or context/ setting, number/type of members, beneficiaries.

#### Include required information:

- What are the characteristics/ qualifications of the AmeriCorps members?
- Who are the beneficiaries? (They should match the population identified in the community problem.)

## Logic model: Inputs

#### **INPUTS**

The resources necessary to deliver the including but not limited to the number of setting, number/type of AC members, beneficiaries.

- Answers: What "ingredients" or resources do you have or need in order to deliver the activities?
- May include training that will be provided to AmeriCorps members to deliver the activities

## Logic model: Activities

#### **ACTIVITIES**

The core activities that define the intervention or program that members will implement or deliver, including duration, dosage, and target population.

#### Include required information:

- Program duration (e.g., total number of weeks, months, sessions)
- Dosage (e.g., number of hours per session, sessions per week)
- Target population for intervention (e.g., 3rd graders at X reading proficiency level) These are the people the members work with

## Logic model: Activities

#### **ACTIVITIES**

The core activities that define the intervention or program that members will implement or deliver, including duration, dosage, and target population.

- Answers: What specific strategies, actions or methods will you use?
- Target population (i.e., beneficiaries) should align with the population identified as having the problem

## Logic model: Outputs

#### **OUTPUTS**

Direct products of program activities. They represent the measurable outputs that result from delivering the activities.

#### Include required information:

- Number of beneficiaries served
- Types and number of activities conducted
- Equity gaps closed
- Note your prioritized output performance measure (e.g., H4A)

## Logic model: Outputs

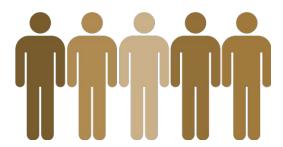
#### **OUTPUTS**

Direct products of program activities. They represent the measurable outputs that result from delivering the activities.

- Answers: What are the direct products of your activities? How much?
- Includes the target number of outputs (e.g., 500 individuals served
   H4A)
- Lists more outputs than you include as a performance measure

## Logic Model: Outputs

- Amount of service provided
- Examples
  - People served
  - Products created
  - Programs developed



### Logic model: Outcomes

SHORT-TERM OUTCOMES

MID-TERM OUTCOMES

LONG-TERM OUTCOMES

- Answers: What changes resulted from the program activities implemented?
- Outcomes can reflect changes in individuals, organizations, communities, or the environment
- Specify the underlying timeline of your outcomes

## Logic model: Short-term outcomes

## SHORT-TERM OUTCOMES

Changes in knowledge, skills attitudes and opinions. These outcomes, if applicable to the program design, will almost always be measurable during the grant year.

- Changes that occur within a short time range (days/weeks) that are the direct results of the activities
- Include the target number that will demonstrate change
- Note your prioritized outcome performance measure (e.g., H17)

## Logic model: Mid-term outcomes

## MID-TERM OUTCOMES

Changes in behaviors or actions. Depending on program design, these may or may not be measurable during the grant year.

- Changes that take months or years and are the logical result of short-term changes
- Include the target number that will demonstrate change
- Note your prioritized outcome performance measure, if applicable

## Logic model: Long-term outcomes

## LONG-TERM OUTCOMES

Changes in condition or status in life. Depending on program design, these outcomes may not be measurable during the grant year.

- Answers: What resulted from the implementation of the program in the long term?
- Changes often take years and may not be measurable during the grant year

Project Resources	Core Project Components	Evidence of Project Implementation and Participation	Evidence of Change			
INPUTS	ACTIVITIES	OUTPUTS	OUTCOMES			
INFOIS			Short-term	Medium-term	Long-term	
What we invest or need	What the program will do	Direct products from program activities	Changes in knowledge, skills, attitudes, and opinions	Changes in behavior or action that result from participants' new knowledge	Meaningful changes, often in their condition or status in life	
- 5 partner sites - 20 FT AmeriCorps members - Federal, state, local funding - Research- based nutrition educational curricula - Low-income students and families at high risk of obesity in City	- Members receive 20 hours of training Members recruit and plan to deliver curricula at 5 partner sites located in City, State; sites anticipated include Members deliver nutritional curricula (6, 1-hour modules) each week for 6 weeks to groups of 10-12 students at each of 5 sites (ages 8-12 years) - Members facilitate 1 hour events for	- 20 AmeriCorps members trained in nutritional education curricula - 50 students (ages 8-12 years) complete nutrition education course measured by sign-in sheets (H4A) - 50 education events held measured by event sign-in sheets - 500 individuals served at education events measured by event sign-in sheets	- 35 students will have increased knowledge of healthy eating behaviors as measured by pre/post test (H17) - 400 individuals will have increased knowledge of healthy food resource management skills as measured by pre/post test	- 25 students will eat more healthy foods - 200 individuals will use a shopping list and compare prices when shopping for healthy food on a budget	- 15 students will report improved BMI - 100 individuals will report regularly having healthy food in their home	

## Best practices: Logic model

- ✓ Include number of sites, members, and locations for inputs
- Explain what characteristics or skills AmeriCorps members will need to have to deliver activities (inputs)
- ✓ Include information about the context of where/how the activities will be delivered (inputs)
- Use verbs/action-oriented language to describe activities
- Include dosage and duration (i.e., how much, how often) of activities

## Best practices: Logic model

- Correctly categorize outputs and outcomes
- ✓ Include actual numbers (targets) for outputs and outcomes
- Match prioritized outputs and outcomes to performance measures module
- Organize rows of the logic model to clearly connect activities to expected outputs and outcomes
- ✓ Use your allowable 8 pages

## PERFORMANCE MEASURES

How do you measure your program?

### Performance measures

The ongoing monitoring and reporting of program accomplishments, particularly progress towards pre-established goals.

- Measure progress on an output or outcome
- Identified after you specify outputs and outcomes
- Iterative process to identify measures that align with outputs and outcomes → You may need to revise your outputs/outcomes to better fit with what is measurable

## AmeriCorps performance measure rules

- Selectable performance measures are listed in the FY2024 ASN Performance Measures
- At least 1 aligned performance measure (output paired with outcome) is required
- Allowable output/outcome pairs are specified
- Must be aligned to the program's logic model
- Outcomes can be measured in a single grant year
- Focus on the recipients of the members' service

Project Resources	Core Project Components	Evidence of Project Implementation and Participation	Evidence of Change			
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#### **Healthy Futures**

Strategic Plan	Sele	Interventions	
Objective	Outputs	Outcomes (if applicable)*	
Aging in Place	H4A: Number of individuals served	H9A: Number of individuals who report improved capacity for independent living H19: Number of individuals with	Companionship Nutrition/Food Support Legal Services Transportation Medical Services
		improved health	Opioid/Drug Intervention
Obesity & Food	H4A: Number of individuals served	H12: Number of individuals who report increased food security  H17: Number of individuals with increased health knowledge  H18: Number of individuals reporting a change in behavior or intent to change behavior to improve their health  H19: Number of individuals with improved health	Outreach Education/Training Referrals Medical Services Nutrition/Food Support Physical Activities Counseling/Coaching Opioid/Drug Intervention
	H10A: Number of pounds of food provided	Applicant-determined	Nutrition/Food Support

H4A (output)	Number of individuals served
Definition of Key Terms	Individuals: recipients of AmeriCorps-supported services related to improving health-related outcomes  Served: substantive engagement of individuals with a specific health-related goal in mind. Cannot consist solely of mass dissemination of information such as email blasts, social media posts, or distributing pamphlets.
How to Measure/ Collect Data	Tracking mechanism that ensures an unduplicated count of individuals who have received services

H17 (outcome)	Number of individuals with increased health knowledge
Definition of Key Terms	Individuals: those reported in H4A, V1, V7A, or V8
How to Measure/ Collect Data	Survey, test, or other instrument capable of measuring changes in knowledge at the individual beneficiary level. When possible, pre-post assessments should be utilized.

# What are they not?

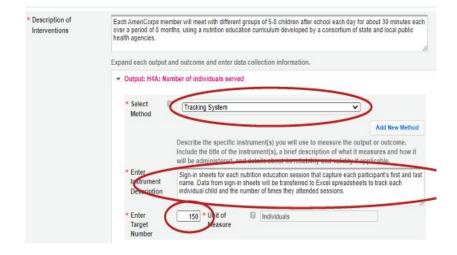
Performance measures <u>do not</u> measure everything your program does.

- Your program will do more than what your performance measures track
- AmeriCorps performance measures track a minimum of
   1 PRIORITIZED output-outcome pairing

## Entering performance measures

# eGrants data collection tab

- Describe intervention activities
- Select data collection method (e.g., tracking form, student survey)
- Enter a description of the instrument (e.g., methods)
- Enter the measure target (numerical)



## Entering performance measures

#### Instrument Description Text Box

- Define key terms of the measure (e.g., improvement)
- Explain what the instrument will measure (i.e., constructs)
- Explain how and when it will be administered
- Provide any information about reliability and validity of the instrument, if available

- (Outcome) How much change is considered to be "improvement" or the like
- (Outcome) How data will be calculated to determine change
- Explain how the target was set (e.g., past performance, evidence)

# Best practices - Performance Measures

- Prioritize the output and outcomes that represent significant program activities and then select performance measures that align with those outputs/outcomes from the 2024 performance measures: <u>State and National</u>
- Set performance measure targets as numbers (not percents) and be realistically ambitious
- Explain how/why you selected the target you did
- Define all performance measure key terms (e.g., Improve, capacity-building)
- (If appropriate) Develop clear, specific, and measurable applicant-determined performance measures that are not duplicated in the 2024 performance measures

## Best practices - Performance Measures

- Explain what instrument will be used and how it will be used to inform the performance measure
- Use instruments that will accurately measure what it is supposed to
- Use pre-post instruments when possible to assess change over time
- Plan how, when, where and who will collect/obtain your performance measure data
- ✓ Less is more for the number of performance measures you select

# Best practices - Performance Measures

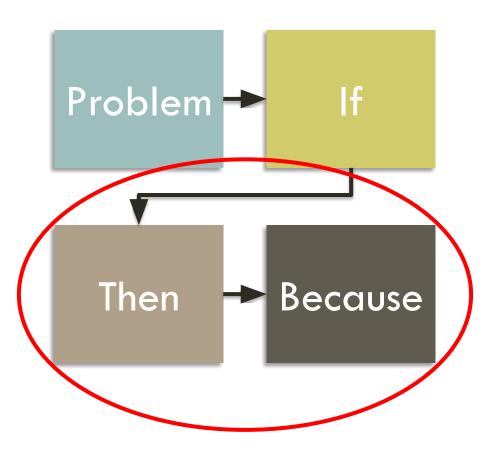
- Review Attachment A: Performance Measure Instructions in Application Instructions
- Review Appendix B: Performance Measure Checklist in Performance Measures Instructions

What evidence EVIDENCE do you have that your program will work?

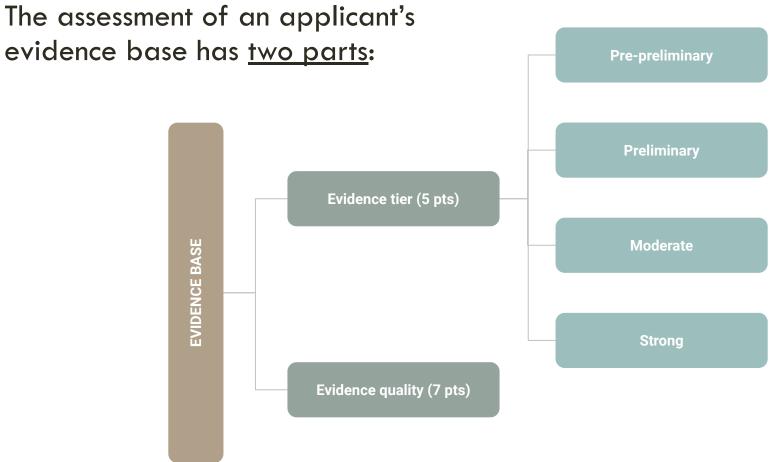
#### Evidence

Evidence from studies or evaluations of an intervention tell how likely your program's activities will lead to your intended outcome(s)

Justification for what you think will result (outcomes) from your activities - and why



#### Evidence base



#### 1. Evidence tier

#### **Evidence-Informed**

Incorporated research from other evidence-based programs or collected performance measurement data on the intervention

#### PRELIMINARY

 Do not have an outcome or impact evaluation of the intervention

PRE-PRELIMINARY

- Evidence is not from the SAME intervention
- May have performance data

- Have an outcome evaluation of the intervention
- Evidence is from the SAME intervention
- Evaluation used a non- experimental design

#### MODER ATE

- Have an outcome evaluation of the intervention
- Evidence is from the SAME intervention
- Evaluation used an experimental design
- Evaluation completed by an independent/ external entity
- <u>Evaluation is not</u> <u>generalizable</u> (single-site)

#### **STRONG**

**Evidence-Based** 

Replicate programs that have been rigorously

evaluated and have positive results for at least one key

outcome

- Have an outcome evaluation of the intervention
- Evidence is from the SAME intervention
- Evaluation used an experimental design
- Evaluation completed by an independent/ external entity
- <u>Evaluation is</u>
   <u>generalizable</u>
   <u>(multi-site)</u>

# Pre-preliminary evidence

- State "Pre-Preliminary"
- Describe how your program design is informed by evidence from a previous project
  - Explain what outcomes were achieved in studies of similar activities/interventions or populations
  - Explain how those outcomes or activities are relevant to your proposed program
- Include performance measure data if you have it

## Pre-preliminary evidence

State "

evide.

- Expactive
- Expproj
- Include

#### **NEW!**

For applicants that have been funded 6 or more consecutive years, it is expected that programs have Preliminary or greater tiers of evidence.

If this applies to your program and you DO NOT have greater that Pre-Preliminary evidence:

- state why that is the case
- explain how you plan to build evidence over the next year (or more)

# Preliminary, moderate, or strong evidence

- State "Preliminary", "Moderate", or "Strong"
- Describe your evidence from each study
  - Explain the intervention being assessed (core intervention components, population served)
  - Explain the study design and how data were collected
  - Report the outcomes (these should align with your prioritized outcomes)
- Submit 1-2 recent outcome evaluation reports that demonstrate the studies and outcomes described

# Preliminary, moderate, or strong evidence - CAUTION

To be considered for these evidence tiers, you must demonstrate that the intervention in the study or report is the SAME INTERVENTION as the one being proposed. To do that, the logic model and the description of the evidence must match all of the following:

- Characteristics of the beneficiary population
- Characteristics of the population delivering the intervention
- Dosage and design of the intervention
- Setting of the intervention
- Outcomes of the intervention

# Pre-preliminary example

Applicant's Healthy Corps program delivers a nutrition education curriculum to 5th grade students for 1 hour a day, once a week. The program is adapted from Famous Nutrition Program successful approach, which used the same curriculum to provide nutrition education sessions for 1 hour a day, twice per week. A randomized control trial conducted last year found that students in the Famous Nutrition Program increased their knowledge about how to prepare fruit and vegetables in healthy ways by 40% more than the control group.

Additional documents: None

# Preliminary example

Applicant's Healthy Corps program delivers a nutrition education curriculum to 5th grade students for 1 hour a day, once a week. Based on pre- and post- assessments administered by the Healthy Corps program last year, 80% of participating students improved their knowledge about how to prepare fruit and vegetables in healthy way. The mean knowledge score increased from 3.1 to 4.3 (t = 4.33, p < 0.05). The effect sizes were moderate and represent a positive result.

Additional documents: Applicant submitted one internal evaluation report of the Healthy Corps program describing the results of the pre-post assessment

# Moderate example

Applicant's Healthy Corps program uses the same curriculum, program design, and dosage as the Famous Nutrition Program and is serving similar students. Based on a quasi-experimental evaluation conducted by Famous Nutrition Program at one of their program sites, students increased their mean score by 1.3 on the Famous Nutrition Scale, compared to an increased mean score of 0.3 for the comparison group. The study was conducted by an independent evaluator. The results were significant (p < 0.05).

Additional documents: Applicant submitted one independent evaluation report of the Famous Nutrition Program describing the results of the QED study. The evaluation was published two years ago.

## Strong example

Applicant's Healthy Corps program delivers nutrition education in 28 states across the country. The program hired an independent evaluator to conduct a randomized controlled trial in 10 states, including both rural and urban sites as well as student populations with different ethnic/racial backgrounds. The evaluation found that students in the Healthy Corps program outperformed students in the control group on 5 specific health knowledge indicators addressed by the program. The results were statistically significant with moderate effect sizes. Subgroup analysis showed positive impacts in both rural and urban setting and across multiple ethnic/racial groups.

Additional documents: Applicant submitted one independent evaluation report from the Healthy Corps describing the results of the RCT study. The evaluation was published three years ago.

# Identifying your evidence tier

Evidence Tier	Report submitted	Entity conducting evaluation	Study design of submitted report/evaluation
Pre- preliminary	No	N/A	N/A
Preliminary	Up to 2	Internal or external to applicant	<ul> <li>Pre/Post, single group</li> <li>Post only, comparison group</li> <li>Retrospective Pre/Post, single group</li> </ul>
Moderate	Up to 2	External to applicant	<ul> <li>Single site, quasi-experimental design with matched comparison and treatment groups</li> <li>Single site, randomized control trial design</li> </ul>
Strong	Up to 2	External to applicant	<ul> <li>Multi-site, quasi-experimental design with matched comparison and treatment groups</li> <li>Multi-site, randomized control trial design</li> </ul>

## 2. Evidence quality - Self-assessment

#### If **pre-preliminary** tier:

- To what extent do you provide relevant evidence, including past performance measure data and/or cited research studies, to inform your proposed program design?
- Are your studies relatively recent (within the last 6 years)?
- To what extent do your cited studies demonstrate a
  meaningful positive effect on program beneficiaries in at
  least one key outcome of interest?
- Who conducted the study (i.e., provide the title, authors)?

## 2. Evidence quality - Self-assessment

If **preliminary**, **moderate**, or **strong evidence tier**, consider all pre-preliminary criteria <u>PLUS</u>:

- To what extent is the intervention described by the evidence the same as your intervention?
- How were the studies you are submitting as evidence designed (e.g., non-experimental with pre-test/post-test, quasi-experimental)? Does the design align the grant requirements?
- How were data collected (e.g., who, what, when, how)?

## Best practices - Evidence

- ✓ Summarize your evidence, including the study design and key findings of your evidence
- Make sure the evidence you describe supports the intervention you describe
  - The activities described should be similar to your program's activities
  - → The outcomes described should be similar to your program's outcomes

## Best practices - Evidence

- If you select preliminary, moderate, or strong evidence tiers, then be sure you describe how the intervention in the submitted reports is the same as the one you propose
- Cite evidence from the last 6 years
- ✓ Use your past performance measure data or other program data you have collected

# WRAP-UP How are you feeling? What did you take away?

#### Links to Resources

State and National

State NOFO FY24-25 AmeriCorps Formula

**Mandatory Supplemental Information** 

**Application Instructions** 

<u>Performance Measures</u>

#### Logic Model Checklist

- Depicts a summary of the community problem
- Inputs identify locations or sites where members will do service
- Inputs identify the number of AmeriCorps members to deliver intervention
- Core activities identify duration
- Core activities identify dosage of the intervention
- Intervention identifies the target population
- Outputs demonstrate counts of service or what was produced
- Outcomes demonstrate changes in knowledge/skill, attitudes, behavior or conditions
- Time order of the outcomes (from short to long-term) are realistic, logical, and follow a consecutive sequence
- The logic model clearly and concisely explains what the program will do and when

#### Logic Model Template

Community Problem/Need	Resources/Inputs	Activities	Outputs	Short-term Outcomes	Mid-term Outcomes	Long-term Outcomes

#### Performance Measure Checklist

- Selected measures are from the most recent performance measure index
- Selected performance measures include at least one output and outcome measure pair
- Selected measures align to the logic model
- Selected measures are logical and realistic
- Targets set for the measures are attainable and it is clear how they were set
- Key terms are defined
- Instruments are clearly outlined and will collect information that directly informs the measures

# Evidence Tier and Quality Checklist

- Program identifies a claimed evidence tier of pre-preliminary,
   preliminary, moderate, or strong
- Evidence tier claimed is appropriate for the evidence described
- Specific research or evaluation studies presented support the chosen interventions
- Specific research or evaluation studies are described, including the study design and key findings
- Cited research or evaluation studies are from the last 6 years
- If the tier is preliminary, moderate, or strong...
  - The specific research or evaluation studies presented clearly represent the SAME intervention as the applicant's chosen intervention

### Data Collection Checklist

- Instruments are clearly outlined and will collect information that directly addresses the measures
- It is clear when pre and post measurements will be taken and how they will be taken (i.e., the instruments used)
- BONUS: The time between pre and post measurements is long enough to likely result in a change (and is supported by evidence)

#### CREEHS CAN HELP!

We are happy to be a thought partner for your projects related to:

#### **Program Design**

- developing logic models/program theories
- specifying goals and objectives for projects

#### **Performance Measurement**

operationalizing performance measures

# Data Collection and Management and Analysis

- collecting and managing data for performance measures
- designing and implementing evaluations for their programs

#### **Data Analysis and Reporting**

- analyzing and interpreting data
- summarizing data and reporting findings

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